# How do I determine which type of commercial motor vehicle (CMV) operation I should self-certify to?

#### **Answer:**

To comply with the new medical certification requirements, you must first determine which type of commercial driving you do. Please follow the three steps below.

## Step 1:

Is your CDL used to operate a commercial motor vehicle in interstate or intrastate commerce?

### **Interstate commerce** is when you drive:

- From one state to another state or to a foreign country;
- Between two places within a state, but the route takes the vehicle through another state or foreign country; or
- Between two places within a state, but your cargo came from or will be delivered to another state
  or foreign country.

**Intrastate commerce** is when you drive a commercial motor vehicle only within one state and you do not meet any of the descriptions above for **interstate commerce**.

**NOTE:** If you operate in both intrastate commerce and interstate commerce, you must choose interstate commerce.

#### Step 2:

Once you have determined whether you operate in **interstate commerce** or **intrastate commerce**, you must decide whether your status is non-excepted or excepted status.

#### **Interstate Commerce -- Excepted or Non-excepted:**

If the **only** type of commercial driving you do is one of the following excepted activities, then you operate in **excepted interstate commerce** and do not need to submit a federal medical examiner's certificate.

- Transporting school children and/or school staff between home and school;
- Driving as a federal, state or local government employee;
- Transporting human corpses, or sick or injured persons;
- Operating a fire truck or rescue vehicle during emergencies and other related activities;
- Primarily transporting propane winter heating fuel when responding to an emergency condition requiring immediate response such as damage to a propane gas system after a storm or flooding;
- Responding to a pipeline emergency condition requiring immediate response such as a pipeline leak or rupture;
- Working in custom harvesting on a farm or to transport farm machinery and supplies used in the custom harvesting operation to and from a farm or to transport custom harvested crops to storage

or market;

- Working as a beekeeper in the seasonal transportation of bees;
- Operating a vehicle controlled and operated by a farmer, but not a combination vehicle (power
  unit and towed unit), that is used to transport agricultural products, farm machinery or farm
  supplies, but not placardable hazardous materials, to and from a farm and within 150 air miles of
  the farm;
- Driving as a private motor carrier of passengers for nonbusiness purposes; or
- Transporting migrant workers.

If your commercial driving does not include any of the activities listed above, then you operate in **non-excepted interstate commerce** and are required to provide a current medical examiner's certificate (49 CFR 391.45), commonly referred to as a medical certificate or DOT card.

Most commercial drivers operating in interstate commerce are **non-excepted interstate commerce** drivers.

If you operate in both **excepted interstate commerce** and **non-excepted interstate commerce**, you must choose **non-excepted interstate commerce**.

# **Intrastate Commerce -- Excepted or Non-excepted:**

You operate in **excepted intrastate commerce** when you drive a commercial motor vehicle only in intrastate commerce activities that your state of licensure has determined do not require you to meet the state's medical certification requirements.

You operate in **non-excepted intrastate commerce** when you drive a commercial motor vehicle only in intrastate commerce and are required to meet your state of licensure's medical certification requirements.

If you operate in both **excepted intrastate commerce** and **non-excepted intrastate commerce**, you must choose **non-excepted intrastate commerce**.